

HISTORY
 The Totem was designed by Rich Carlson, a canyoneering pioneer, instructor and guide. Rich had used every device imaginable in his canyoneering exploits and designed the Totem to be the best of everything.

TRAINING IS REQUIRED
 The Totem can be used in so many ways that it is impossible to show them all. Experience in rigging and rappelling is required. The best way to gain specific training in uses of the Totem is by attending a workshop. Visit totemrigging.com for workshop and additional usage information.

RESPONSIBILITY
 Thorough and specific training is absolutely essential before use. Being at height is dangerous and it is totally up to you to reduce the risks as much as possible - but the risks can never be eliminated. You must personally understand and assume all risks and responsibilities of using this equipment. If you cannot or do not want to do this, do not use this equipment.

RAPPET SAFETY
 Rappelling is dangerous and accounts for numerous serious accidents. Specific instruction and supervised practice in a controlled situation is mandatory. If you have any doubt as to your ability to safely accomplish your rappel you MUST be belayed. If you lose control of a rappel for any reason you will not be able to recover and serious injury or death will probably occur. DO NOT rappel off the end of the rope. You must ALWAYS grip and control the free end of the rope.

BELAY SAFETY
 Stay alert at all times. You must ALWAYS grip and control the free end of the rope.

SELF RESCUE
 You must be able to free yourself if you get stuck on a knot or your device girth hitches. This requires training and preparation.

TEST YOUR SYSTEM
 Friction will vary depending on rope size, type and condition. Test with your rope and other equipment at a safe height to determine compatibility. Remember when rappelling that rope weight adds friction and will become less as you get closer to the end of the rope.

Limitation on Use
 It is impossible to imagine all the ways this equipment can be misused. It must only be used by fit, specifically trained and experienced users.

Inspect Before/After Use
 Check for cracks, deformation, corrosion, wear, etc.

Inspection During Use
 Inspect and monitor your system, confirming carabiners are locked and all gear is positioned properly.

An Inward Force on a Carabiner Gate is Dangerous
 Because the sleeve can be broken, causing catastrophic disconnection. This can result from a figure 8, brake bar rack or other object levering against the gate. Keep your equipment properly positioned!

Principal Material
 Aluminum, anodized, alloy 7075 which is harder and longer lasting than common alloy figure 8s usually use.

Repairs to Equipment
 Are only allowed by the manufacturer or those authorized in writing by the manufacturer.

Manufacture Date
 The first two digits are the year, the next three are the day of the year, followed by a serial number.

Lifetime
 Indefinite for metallic products. But lifetime can be very short depending on conditions and frequency of use; it could even be a single use.

Retire from Service and Destroy if the Equipment:
 Does not pass inspection or there is any doubt about its safety. If misused, altered, damaged, exposed to harmful chemicals, etc. Consult the manufacturer if you have any doubts or concerns.

Maintenance & Storage
 Clean if necessary with fresh water, then allow to dry completely. Store in a dry place away from extremes of heat and cold and avoid exposure to chemicals.

Detailed Inspection
 In addition to inspection before, during and after each use, a detailed inspection by a competent inspector must be done at least every 12 months or more frequently depending on amount and type of use. Make a copy of these instructions and use one as a permanent inspection record and keep the other with the equipment. It is best to issue new gear to each user so they know its entire history.

WARNING!

For expert use only!



- These activities are inherently dangerous and carry a significant risk of injury or death that cannot be eliminated.

It is the user's responsibility to obtain specific training and to use this device safely. These instructions DO NOT tell you everything you need to know.

- Do not use unless you can and will understand and assume all risks and responsibilities for all damage/injury/death that may result from use of this equipment or the activities undertaken with it.
- Any device is subject to failure - carefully inspect before and after each use.
- You must always have a backup - never trust a life to a single tool.
- Everyone using this equipment must be given and thoroughly understand the instructions and refer to them before each use.
- You must have a rescue plan and the means to implement it. Inert suspension in a harness can quickly result in death.
- Do not use around electrical hazards, moving machinery or near sharp edges or abrasive surfaces.
- We are not responsible for any direct, indirect or accidental consequences or damage resulting from the use of our products.

PURCHASE RECORD	
Model	
Complete Batch #	
Year of Manufacture	
Purchase Date	
Date of 1st Use	
User	

DATE	CONDITION	INSPECTOR



Totem F10

The Totem was designed to be the most versatile rigging and rappelling tool available. It can function as a rigging plate, an easy-to-lock-off figure 8, sticht plate, auto-blocking plaquette device, plus some other options that are unique to the Totem.

Originally designed for canyoneering, the Totem has applications in other rope-related disciplines, including rock climbing, mountaineering, caving, rappelling and rescue.

- Weight:** 4.5 oz (128 gm)
- Length:** 7.5" (190 mm)
- Width:** 2.5" (64 mm)
- Rope Size:** 8 - 10.5 mm
- MBS:** 30 kN
- WLL:** 3 kN

rockexotica.com

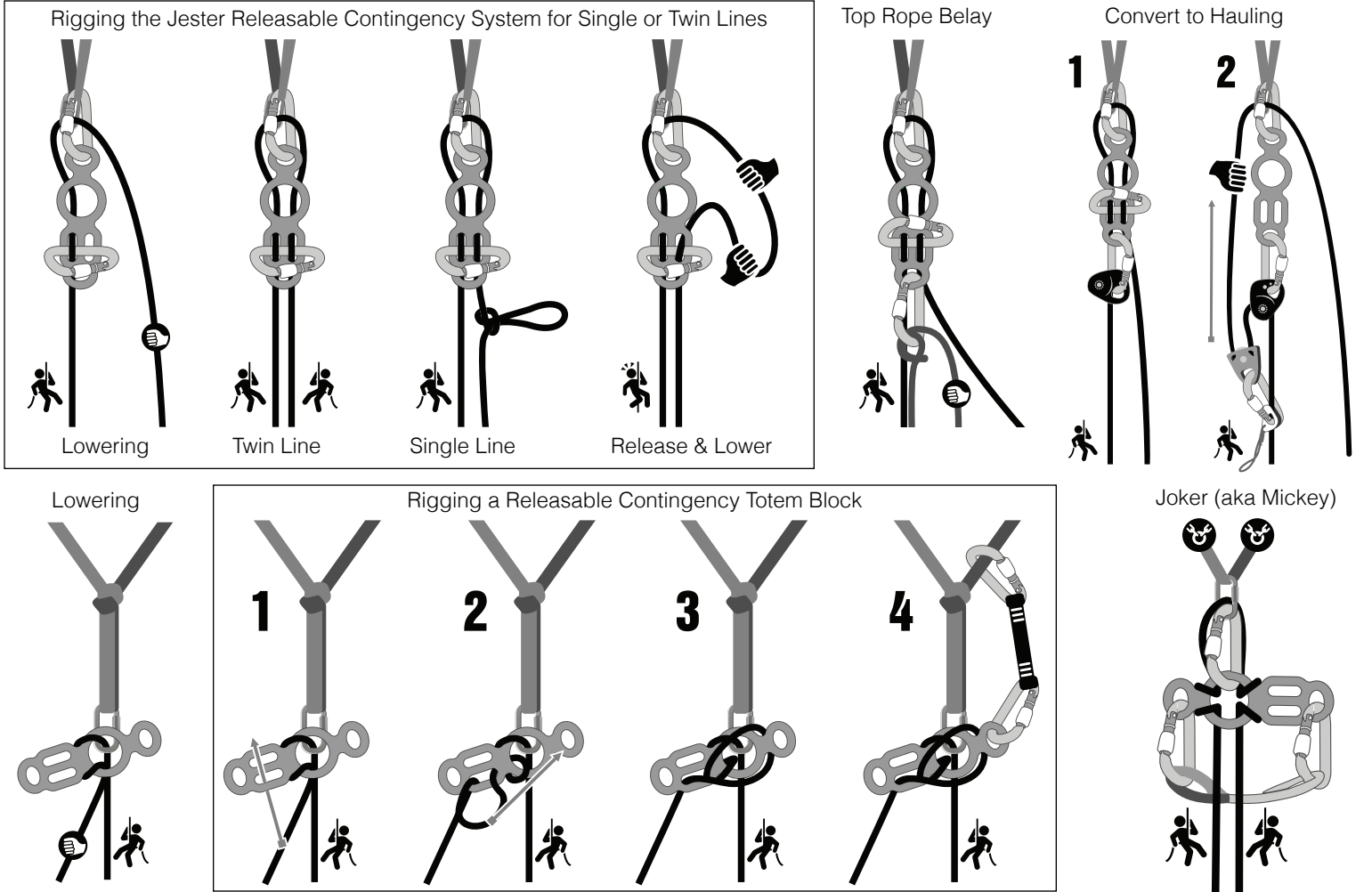
Rock Exotica Equipment LC
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Illustrated here are just a few of the ways the Totem can be rigged. To learn more, visit the Totem Rigging website at:

www.totemrigging.com

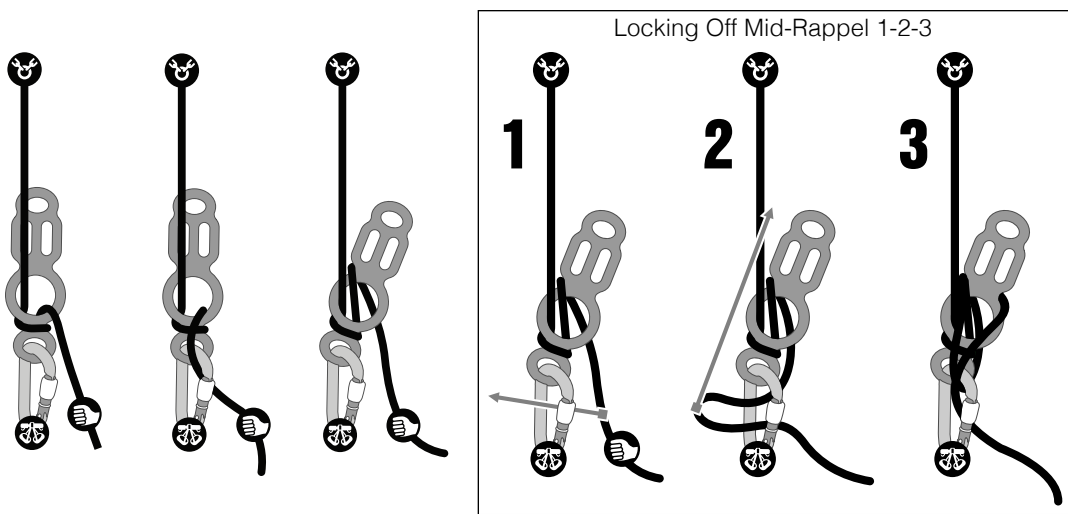
Releasable Contingency Rigging Systems

Releasable contingency rigging systems are designed to permit rapid lowering of a rappeller in distress or when insufficient rope has been deployed to reach the bottom. The Totem allows for rigging releasable contingency systems on single and twin lines. Rigging twin lines allows one person to start setting up their rappel while another person is on rappel, thus increasing efficiency, especially for large groups.

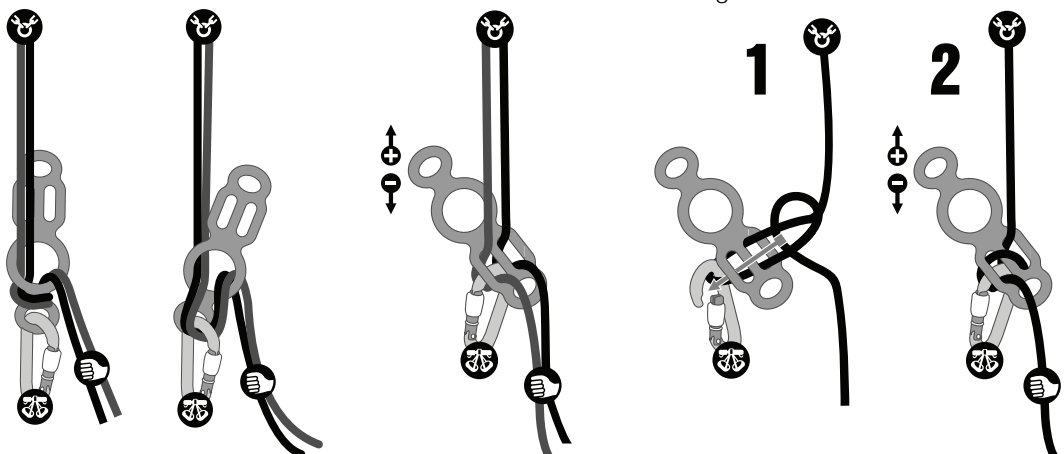


WARNING: The systems illustrated here will perform differently on various ropes based on size, type and condition. Test and practice with your rope and other equipment in a safe manner to determine compatibility and performance characteristics before applying in the vertical realm.

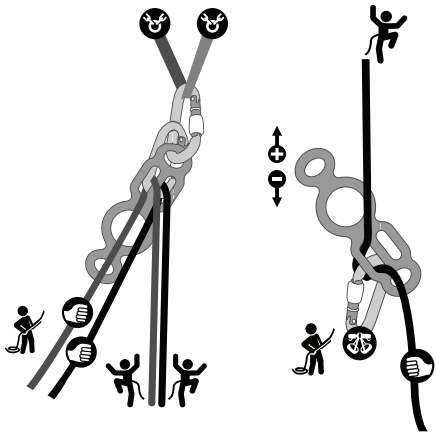
Rappelling



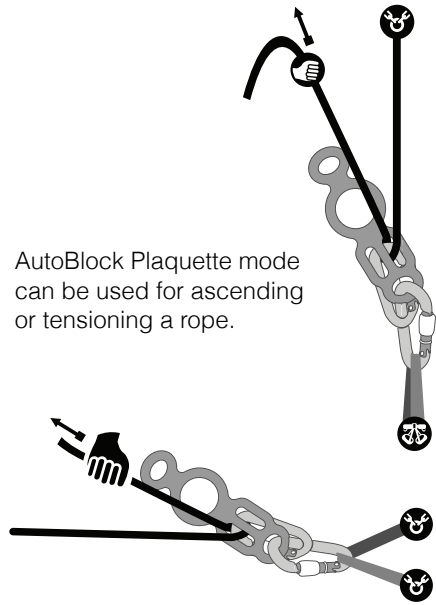
Throttle Mode for Double and Single Line - Lever Controls Friction



Belaying



AutoBlock



AutoBlock Plaque mode can be used for ascending or tensioning a rope.